

The rTMS Centre

Depression Treatment



Effective depression treatment

Do you suffer from major depression?

Have you obtained no or inadequate relief from antidepressants?

What is TMS Treatment?

TMS treatment is a non-invasive treatment based on repetitive Transcranial Magnetic Stimulation (rTMS), which delivers magnetic pulses to stimulate nerve cells in the part of the brain controlling mood, which is often under-active in patients with depression. Repeated stimulation of this part of the brain has proved to produce an antidepressant effect on people suffering from depression.



Who can get the treatment?

TMS treatment is indicated for the treatment of Major Depressive Disorder in adult patients who have failed to receive satisfactory improvements from prior antidepressant medication in the current episode.

During treatment you are comfortably seated with a vacuum pillow around your neck to give optimal support of your head. You wear a personal cap to ensure correct positioning of the coil delivering the magnetic pulses.





How does the treatment feel?

During treatment, you hear a clicking sound and feel a tapping sensation on your head. Many patients will be able to watch television or read a magazine during treatment.

Are there any side effects?

The treatment is without the side effects typically experienced with antidepressants. Some patients report of a mild discomfort or headache, but you should be able to resume your daily activities right after treatment.

How often should I get treatment?

TMS treatment is given 5 times a week, over a period of 4-6 weeks.



Caution

The treatment may not be effective or appropriate for all patients, additional side effects may occur, and all patients should talk to the rTMS Centre team to learn more about the treatment and potential risks.



TMS treatment at the rTMS Centre - Sheffield

- Effective
- Without the side effects typically experienced with antidepressants
- For outpatient settings

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